

Living on the Upeat: Learning to live in tune with God "Singing the Blues: Sorrow"

St. Andrew's Anglican Church * June 12, 2005 * David Brannen

**Eight Beatitudes - Attitudes God desires → God rewards
(beatitude - from the Latin for "blessed")**

"Blessed are those who mourn, for they will be comforted."

-- Matthew 5:3

Worldly Sorrow vs. Godly Sorrow

2 Corinthians 7:9, 10 - ... you became sorrowful as God intended and so were not harmed in any way by us. Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

- **Worldly Sorrow...**
Regrets getting CAUGHT.
- **Godly Sorrow...**
Produces desire for LIFE-CHANGE.

What produces godly sorrow in us?

1. Knowing that our sin HURTS GOD.

Ps. 51:3, 4 (NLT) - ... I recognize my shameful deeds—they haunt me day and night. Against you, and you alone, have I sinned; I have done what is evil in your sight.

Eph. 4:30-32 - (NLT) ...do not bring sorrow to God's Holy Spirit by the way you live...³¹ Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of malicious behavior. ³² Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

John 11:35 - Jesus wept.

2. Knowing that our sin HURTS US.

- **Spiritually: It separates us from GOD.**

Isaiah 59:2 (NLT) ... Because of your sin, (God) has turned away and will not listen anymore.

Genesis 3:8 - ⁸ (Adam and Eve) hid from the LORD God among the trees of the garden... ¹⁰ (Adam) answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

Romans 6:23 - The wages of sin is death; but the gift of God is eternal life in Jesus Christ our Lord.

- **Relationally: It separates us from OTHERS.**

Genesis 3:7 - Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Genesis 3:11 - And (God) said, " Have you eaten from the tree that I commanded you not to eat from?" ¹² The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it."

- **Psychologically: It separates us from OURSELVES.**

Romans 7:15 (NLT) - I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate.

Romans 7:24-25 (GN) - What an unhappy man I am! Who will rescue me from this body that is taking me to death? Thanks be to God, who does this through our Lord Jesus Christ!

3. Knowing how much FORGIVENESS WE NEED.

Luke 7:44-47 (NCV) - Jesus ... said to Simon, "Do you see this woman? When I came into your house, you gave me no water for my feet, but she washed my feet with her tears and dried them with her hair. ⁴⁵ You gave me no kiss of greeting, but she has been kissing my feet since I came in. ⁴⁶ You did not put oil on my head, but she poured perfume on my feet. ⁴⁷ I tell you that her many sins are forgiven, so she showed great love. But the person who is forgiven only a little will love only a little."

Romans 2:4b Perhaps you do not understand that God is kind to you so you will change your hearts and lives.

Psalm 51:17 (NCV) - The sacrifice God wants is a broken spirit. God, you will not reject a heart that is broken and sorry for sin.

Luke 15:20 (NCV) - "While the son was still a long way off, his father saw him and felt sorry for his son. So the father ran to him and hugged and kissed him.

Translation Key: Unless noted, all translations are the New International Version; NCV = New Century Version; NLT = New Living Translation. GN = Good News Bible